

探寻Cochrane Library 助力科研与学习

朱苗 Wiley产品与解决方案顾问 2023.4.25

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目录:

- 1. Cochrane Library整体介绍
 - 认识Cochrane Library
 - Cochrane Library 内容
- 2. Cochrane Library使用技巧
 - 基本检索
 - 高级检索
- 3. Cochrane Library学习资源



Cochrane Library整体介绍





Cochrane 协作网



- Cochrane 协作网是一个独立、非营利的国际性组织,成立于1993年, 旨在通过制作、维护和提高决策所需的系统评价证据可及性,为医疗 卫生保健决策提供依据;
- Cochrane协作网以52个Cochrane系统评价小组(Cochrane review groups,CRGs)为核心开展工作,负责特定卫生保健领域内系统评价的生产和维护;
- Cochrane评价全文发表于Cochrane Library的系统评价数据库 (Cochrane Database of Systematic Reviews,CDSR),CDSR是 Cochrane Library的核心组成部分。





Cochrane Library

- Cochrane系统评价数据库(Cochrane Database of Systematic Reviews,CDSR)
 - +8800 Reviews
 - +2400 Protocols
- Cochrane临床对照试验中心注册数据库(Central Register of Controlled Trials, CENTRAL)
 - +1.8 Million articles
 - 临床解答(Cochrane Clinical Answers (CCA))— +3200
- 系统评价 Epistemonikos Systematic Reviews +420000
- 社论 Editorials +140
- 专题 Special Collections +30
- · 健康系统证据Health Systems Evidence(HSE) 和社会系统证据Social Systems Evidence(SSE)均由 McMaster's University创建(+15000 和 5300)





什么是系统评价?

- · 系统评价是指按照预先规定的标准收集所有的实验证据以回答一个特 定的研究问题
- · 系统评价用明确的、系统的方法来使偏倚最小化,因此能够为得出结 论和指定决策提供更可靠的证据



为何需要系统评价?

- 需要依据信息来做正确的决策
- 但是,信息泛滥
- 并且,没有足够的时间







为何需要系统评价?

- 循证医学的概念
- 个体惊艳不一定可靠
- 单个研究不一定可靠
- 证据需要系统性的收集起来才是真实和可靠的
- 系统评价为治疗效果(和疾病诊断与预测准确性)提供了证据





系统评价数据库

(Cochrane Database of Systematic Reviews, CDSR)

- 每篇评价文章都针对一个明确的问题 例如 抗生素能缓解喉咙痛的症状吗?
- 调查医疗环境中进行预防、治疗和康复干预的效果
- 使用严格的指南审查,确定是否有关于某一特定治疗的结论性证据





临床对照试验中心注册数据库 (Central Register of Controlled Trials)

- 全球最大的随机对照试验数据库
- 提供引文信息,包括从书目数据库和其他出版资源中提取的已发表文章的详细信息。这些记录包括文章的标题、发表地点的信息以及多数还有摘要
- 在Cochrane Library中,该部分不提供全文



临床对照试验中心注册数据库 (Central Register of Controlled Trials)

包括随机和准随机对照试验。不包括在临床试验注册处注册的其他研究设计(如 cohort studies)。

PubMed/MEDLINE

Embase

Clinical Trial Registries

ClinicalTrials.gov

ICTRP

CINAHL (Cumulative Index of Nursing and Allied Health) (new as of May 2020)

 Cochrane Review Groups' <u>Specialized Registers</u> which includes records identified by <u>handsearching</u> various biomedical sources.





临床解答 Cochrane Clinical Answer (CCA)

- CCA对Cochrane系统评价的结果进行了简明的总结,并提供了 足够的基础数据:
 - 将结果应用于特定的患者群体(如儿童或成人,有并发症的 老年患者)
 - ✓ 更好理解支持关键临床结论的证据的强度
- 由临床医学编写,使临床医生更容易获得感兴趣的信息
- 问答形式的临床总结
- 就关键结果提供证据
- 目的是利用来自Cochrane Reviews的信息为医疗决策提供信息

Cochrane Clinical Answer

Question:

What evidence is available on unintended health and societal consequences of measures implemented in the school setting to contain the COVID-19 pandemic?

Sera Tort, Agustín Ciapponi 13 June 2022

https://doi.org/10.1002/cca.3980.0

Clinical Answer:

Reviewers performed a rapid scoping review to identify and describe the evidence available on unintended health and societal consequences of measures implemented in the school setting to contain the COVID-19 pandemic. Reviewers identified 18 studies (13 of which used quantitative methods) and described four intervention categories: measures to make contacts safer (14 studies); measures to reduce contacts (4 studies); surveillance and response measures in relation to SARS-CoV-2 infections (6 studies); and multicomponent measures (1 study). The most commonly reported outcomes were educational consequences (11 studies) and psychosocial outcomes (7 studies). This scoping review will inform subsequent rapid reviews on this topic. For information relating to scoping reviews, click here C.

Comparison

. Measures implemented in the school setting to contain COVID-19 pandemic

Collapse All

 OUTCOME 1.1 Physical health and health behavior outcomes, educational consequences, psychosocial outcomes, consequences for equity and equality, environmental consequences, socio-economic consequences





CCA如何促进结果在临床实践中应用?

通常会将50多页的Cochrane系统评价全文浓缩为1-3页,采用交互式分层显示。将Cochrane Library评价全文中分散的关键数据集中起来:

- Population (患者或人群)
- Intervention (治疗)
- Comparison (対照)
- Outcome (结果总结)

Question:

How do angioplasty and stenting compare for the treatment of iliac artery stenosis?

Jane Burch, Dane Gruenebaum | 23 December 2015

Clinical Answer

Randomized controlled trials suggest that outcomes after primary percutaneous transluminal angioplasty (PTA) and stenting are similar in people with iliac artery stenosis or occlusion. However, participant numbers were small and trials were undertaken some years ago and the populations eligible for treatment and the treatment options given may not reflect those in current clinical practice.

In people with iliac artery stenosis of at least 5 cm or occlusion, there were no apparent differences between groups in symptom improvement (3 months to 2 years), number of people with symptom resolution (3 months to 8 years), target vessel patency (1 to 8 years) or the need for re-intervention (2 to 8 years), when primary PTA was compared with primary stenting. Results for anklebrachial index (ABI) showed no consistent pattern across time points (3 months to 8 years); only the 2-year analysis detected a difference between groups in favor of primary PTA. Most of the participants had moderate to severe claudication (II and III on the 0 to VI Rutherford classification), therefore the results are most likely to reflect this group.

There are several limitations to these data. Firstly, revascularization is no longer considered a first-line option in some healthcare systems in people with a Rutherford classification of less than III. Secondly, given the age of the trials, bare metal stents would have been used; drug eluting stents are now also used to treat peripheral vascular disease. Thirdly, one of the two included trials was stopped early due to a higher rate of distal embolization in the PTA group. Fourthly, the proportion of participants with diabetes ranged from 5% to 16%, hypertension from 20% to 28% and dyslipidemia from 24% to 53%, which may be healthier than the population who would be eligible for revascularization in clinical practice Finally, all the analyses would have been affected by a lack of power due to the small numbers of participants, making detection of a difference between groups unlikely, even if one was present.



Related

Clinical Answer derived from

Answer

Comparisons

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Comparisons

1. Primary percutaneous transluminal angioplasty versus primary stenting

Expand All »

Comparisons

1. Primary percutaneous transluminal angioplasty versus primary stenting

Expand All >>

- > OUTCOME 1.1 Improvement in symptoms
- > OUTCOME 1.2 Resolution of signs and symptoms
- > OUTCOME 1.3 Ankle-brachial index (ABI)
- > OUTCOME 1.4 Re-intervention
- > OUTCOME 1.5 Target vessel patency
- > OUTCOME 1.6 Immediate complications
- > OUTCOME 1.7 Claudication distance, Major amputation-free survival, Complications (delayed)
- Population, Intervention, Comparator

Population

People with iliac artery stenosis of <10 cm or occlusion of <5 cm (1 trial) or occlusion >8 cm (1 trial) causing intermittent claudication and a reduced ankle-brachial pressure. Most people had disease severity II to III on the Rutherford classification. The proportion of people with diabetes ranged from 5% to 16%, hypertension from 20% to 28% and dyslipidemia from 24% to 53%

Intervention

Primary percutaneous transluminal angioplasty (PTA): no details regarding the procedure were reported in either study

Comparator

Primary stenting: long 7-F introducer sheath placed across targeted segment and the stent mounted by hand on a folded angioplasty balloon catheter, with stent diameter determined by width of uninvolved portion of vessel (1 trial) or no details reported (1 trial). Given the dates of the trials, bare metal stents were likely to have been used



Related

Clinical Answer derived from

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Comparisons

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- 底部展示了详细的PICO: 患者人群、干预措施、 对比结果
- 以帮助您确定临床相关

→ OUTCOME 1.1 Improvement in symptoms

Narrative result

Improvement in symptoms was measured at 3 months, 1 year, and 2 years; there was no statistically significant difference between groups at any time point, but all three analyses would have been underpowered. Click below for full details.

Reference

Bekken J, Jongsma H, Ayez N, Hoogewerf CJ, Van Weel V, Fioole B. Angioplasty versus stenting for iliac artery lesions. Cochrane Database of Systematic Reviews 2015, Issue 5. Art. No.: CD007561. DOI: 10.1002/14651858.CD007561.pub2. [Review search date: April 2015]

∨ Subgroup analysis 1.1.1 Improvement in symptoms - [subgroup: 3 months]

Risk of bias of studies

The reviewers did not perform a GRADE assessment of the quality of the evidence. The study used appropriate patient selection processes, and was classified as having low numbers of withdrawals (7.5% of those randomized not included in this analysis), but did not report blind outcome assessors.

Narrative result

One RCT with 258 participants found no statistically significant difference between groups.

Relative effect or mean difference

There was no statistically significant difference between groups (OR 1.43, 95% CI 0.78 to 2.62).

Review: Angioplasty versus stenting for iliac artery lesions Comparison: 1 Angioplasty versus primary stenting for iliac artery stenotic lesions. Outcome: 1 Symptom actic improvement

Study or subgroup	PTA n/N	Primary stenting n/N	Odds Ratio M-H,Fixed,95% CI	Odds Ratio M - H, Fixed, 95% CI	
1 Three months Dutch Iliac Stent Trial	101/123	103/135	-	1.43 [0.78, 2.62]	5/
2 One year Dutch Iliac Stent Trial	62/77	64/80		1.03 [0.47, 2.27]	
3 Two years Dutch Iliac Stent Trial	26/34	29/37		0.90 [0.29, 2.73]	
		Favours PTA	5 0.2 1 5 Favours primary stenting	20	

Figure 1

Forest plot from Cochrane Review

Cite this Answer

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Comparisons

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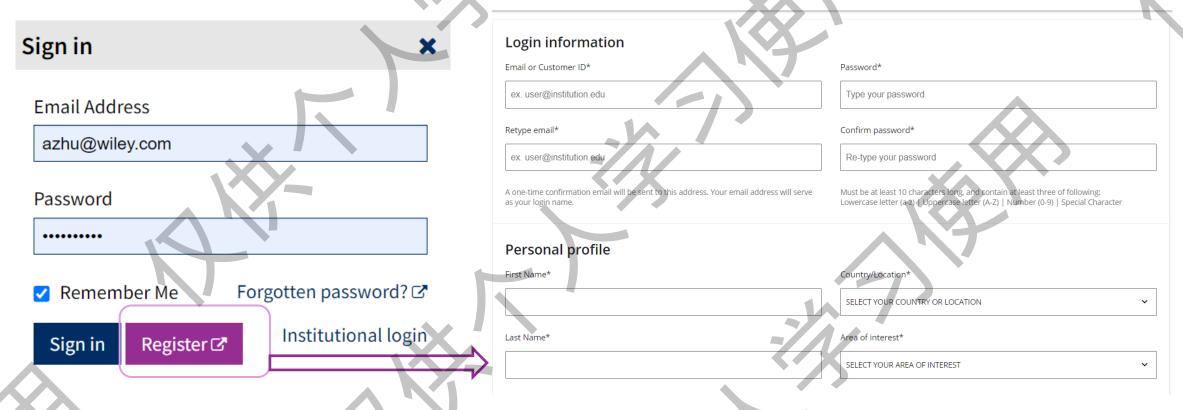


Exercise for acutely hospitalised older medical patients

Peter Hartley, Jennifer L Keating, Kimberley J Jeffs, Melissa JM Raymond, Toby O Smith 10 November 2022



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Exercise for acutely hospitalised older medical patients

Peter Hartley, Jennifer L Keating, Kimberley J Jeffs, Melissa JM Raymond, Toby O Smith 10 November 2022



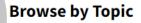


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按照主题/系统评价小组筛选项浏览

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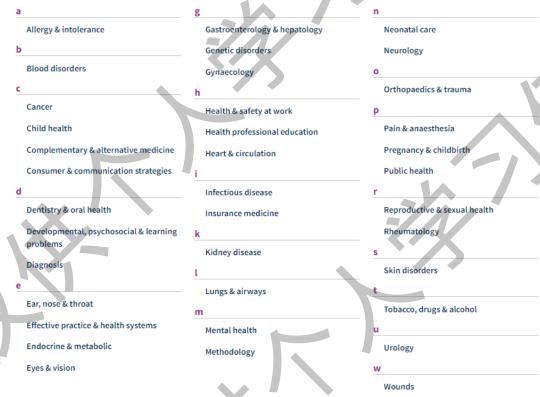
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Browse the Cochrane Reviews, Protocols and Clinical Answers.

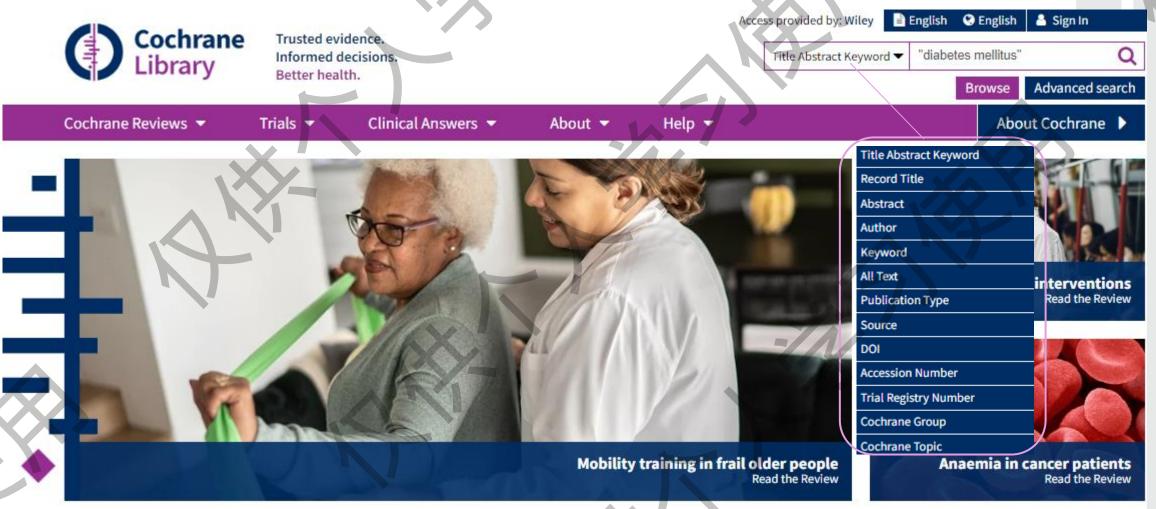
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基本检索—以糖尿病 "diabetes mellitus"为例检索示范





检索结果





对检索结果筛选所需内容





对检索结果筛选—Cochrane Reviews

文章发表或添加到 Cochrane Reviews的日期

状态: 最新检索或

结论改变

Filter your results Date **Publication date** The last 3 months The last 6 months. The last 9 months The last year The last 2 years 25 **Custom Range:** to # dd/mm/yyyy Clear Status New search

Conclusions changed.

提供多语言版本

侧重不同类型

Français. Bahasa Malaysia ...فارسى 日本語 Deutsch Русский Hrvatski 61 简体中文 Polski 42 繁體中文 Português 27 한국어 ภาษาไทย தமிழ் Show 14 less -Review Type 0 Intervention. 195 Overview Prognosis Diagnostic. Prototype

Available Translations

Español

不同主题分类

191

Topics	0
+ Endocrine & metabolic	126
+ Child health	39
+ Pregnancy & childbirth	34
+ Complementary & alternative medicine	28
+ Heart & circulation	22
+ Insurance medicine	15
+ Kidney disease	12
+ Wounds	11
+ Skin disorders	10
+ Neurology	10
+ Gastroenterology & hepatology	8
+ Reproductive & sexual health	8
+ Consumer & communication strategic	es 7
+ Effective practice & health systems	6



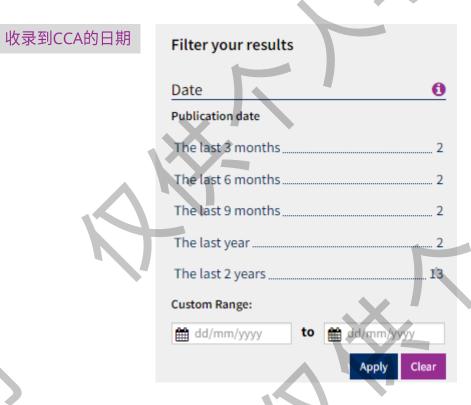
对检索结果筛选—CENTRAL



Source	0
Embase.	 36798
PubMed	30181
CT.gov	9900
ICTRP	6862
CINAHL.	557



对检索结果筛选—CCA



不同主题分类	Topics	0
	+ Endocrine & metabolic	39
.10	+ Child health	12
-///	+ Insurance medicine	11
	+ Complementary & alternative medi	cine. 6
	+ Pregnancy & childbirth	3
	+ Heart & circulation	3
	+ Public health	2



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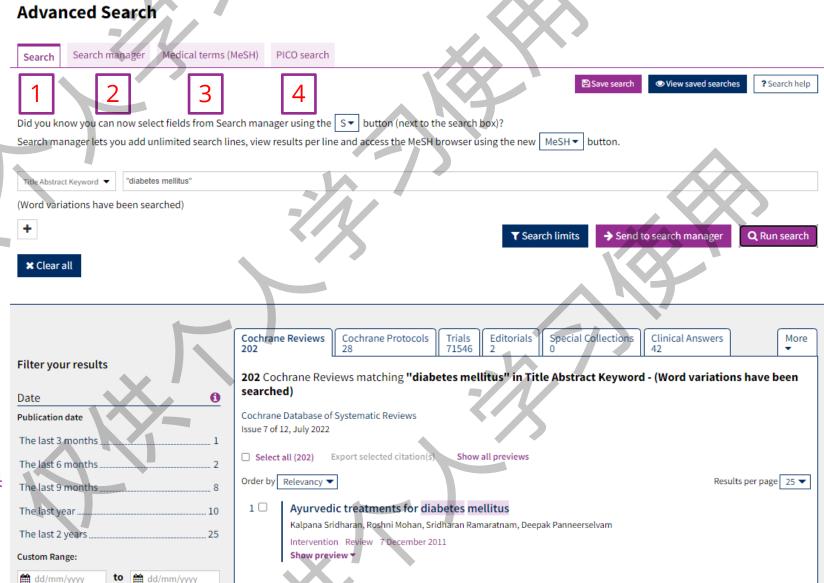




高级检索

- 1. Search 检索
- Search Manager 检索管理器
- 3. Medical Terms (MeSH) MeSH主题词检索
- 4. PICO search PICO检索

每个检索选项均可查看对应的检索结果

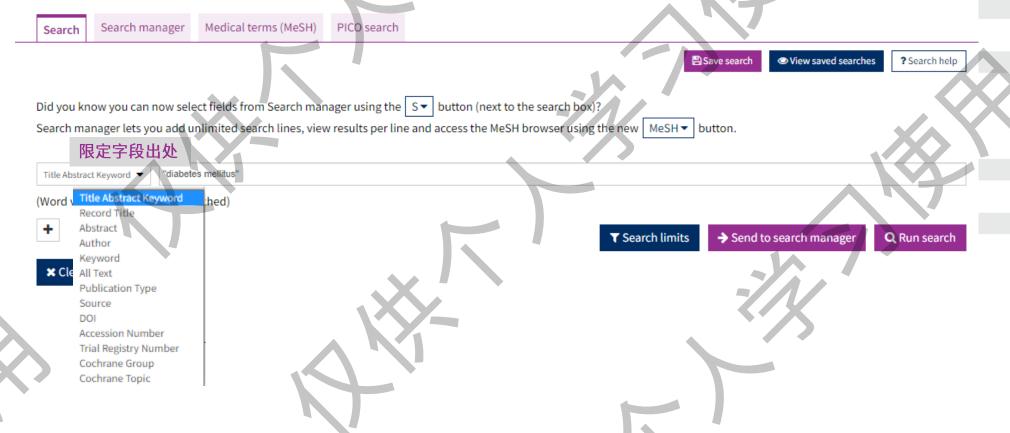






Search—限制字段出处

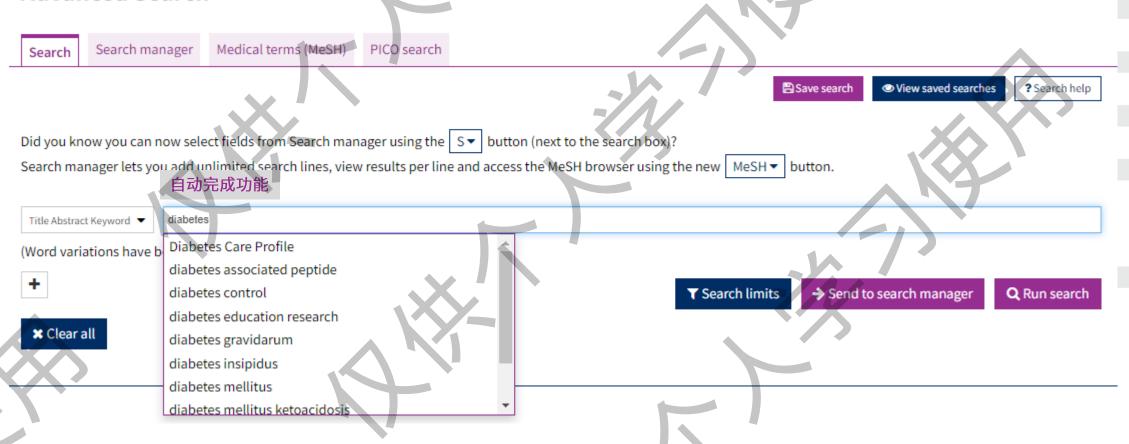
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- 添加至检索管理器
- 查看结果
- 保存检索







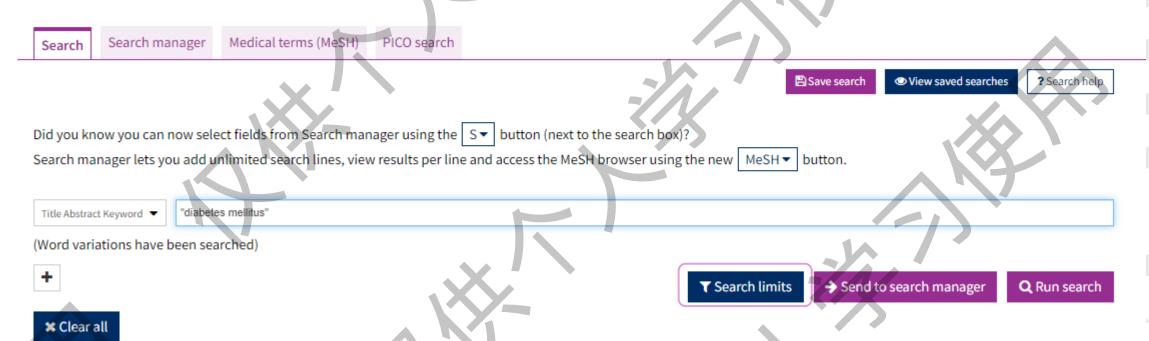
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Search—限制条件







The last year

The last 2 years

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Search—限制条件

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X Clear all

Search Search manager Medical terms (MeSH) PIC

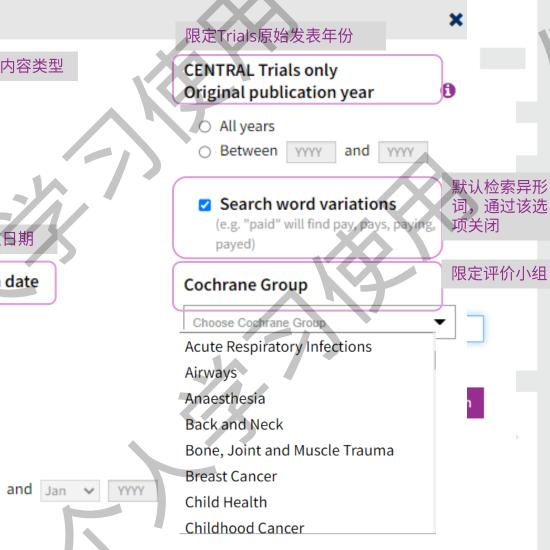
Did you know you can now select fields from Search manager
Search manager lets you add unlimited search lines, view rest

Title Abstract Keyword ▼ "diabetes mellitus"

(Word variations have been searched)

♣

Search limits 限定内容类型 Content type Cochrane Reviews Cochrane Protocols Trials Clinical Answers Editorials Special Collections 限定日期 Cochrane Library publication date All dates The last month The last 3 months The last 6 months The last 9 months



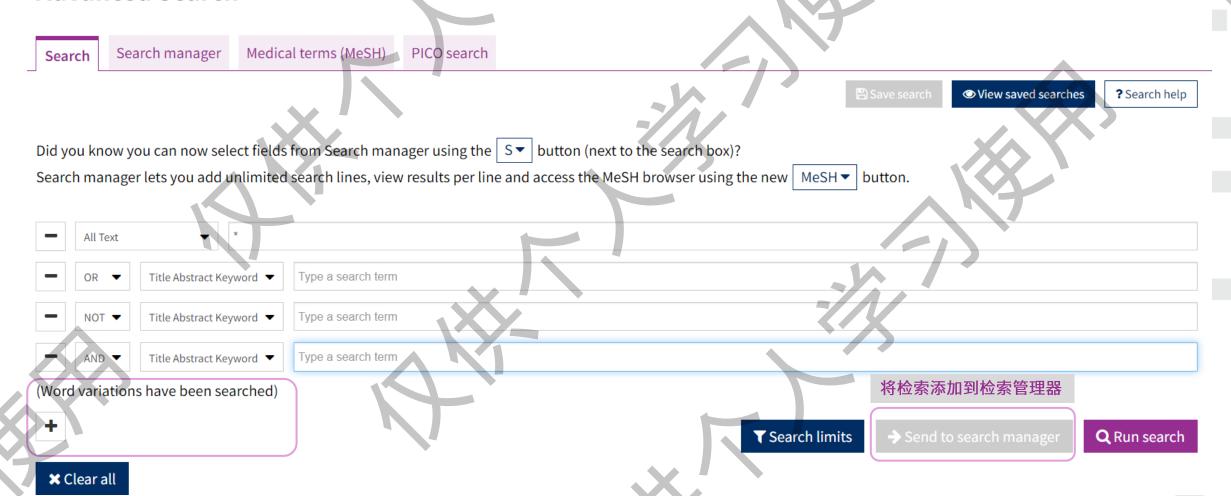
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Apply limits





Search—组合检索条件

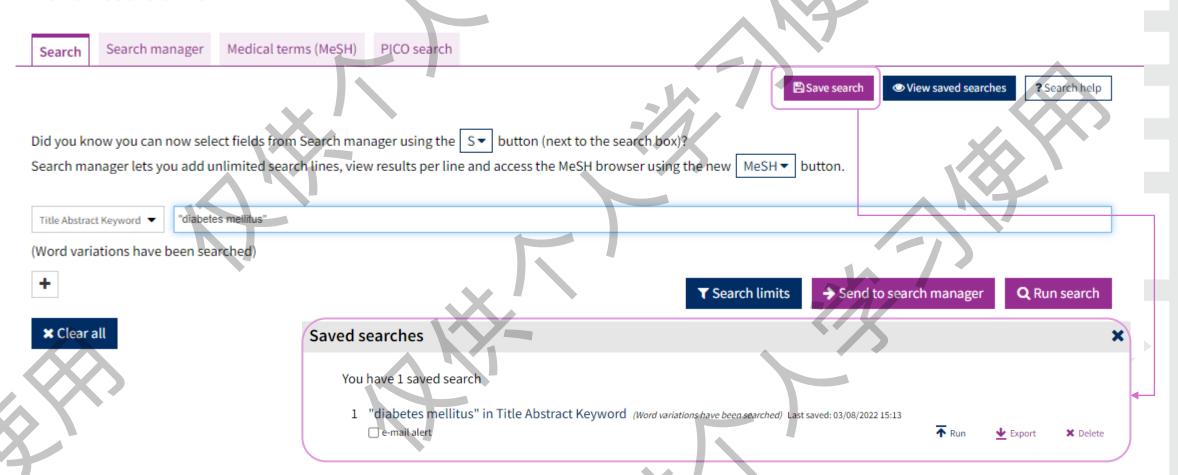






Search—保存检索

Advanced Search

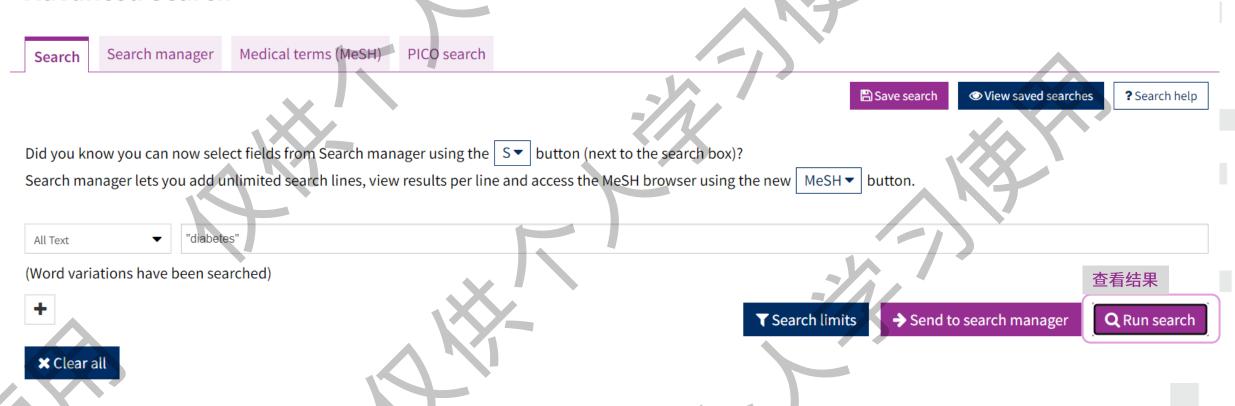






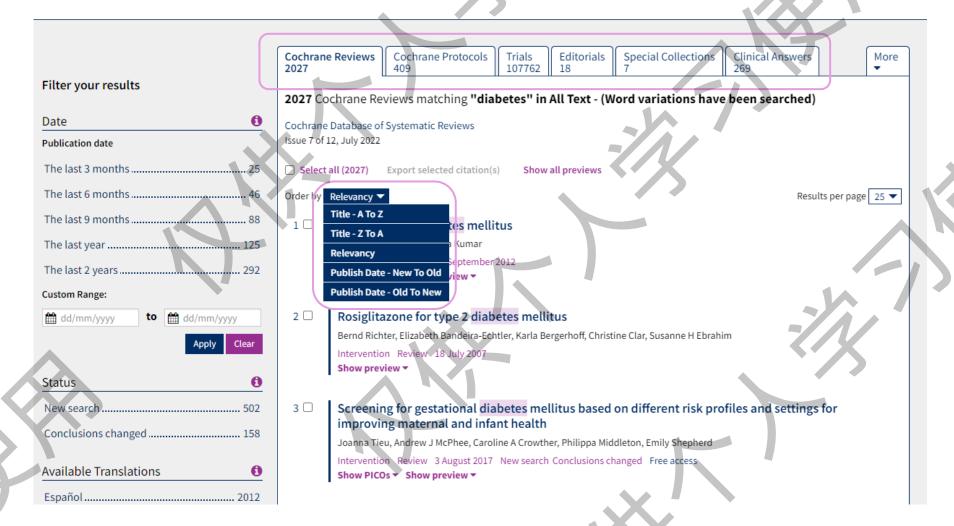
查看检索结果

Advanced Search





按排序方式查看检索结果







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Did you know the MeSH browser features are also available on the Search manager tab by selecting the MeSH ▼

输入检索词,

自动提示相关主题词

列表,从中选择

Search manager lets you add unlimited search lines, view results per line, and select fields using the S▼ button (next to the search box).

查看结果

Diabetes Me

Diabetes Mellitus

Diabetes Mellitus Complication

Diabetes Mellitus Complications

Diabetes Mellitus Type 1.5

Diabetes Mellitus, Addison Disease, Myxedema

Diabetes Mellitus, Addison's Disease, Myxedema

Diabetes Mellitus, Adult Onset

Diabetes Mellitus, Adult-Onset

Select subheadings / qualifiers

Select subheadings / qualifiers

abnormalities - AB

administration & dosage - AD

adverse effects - AE

agonists - AG

analogs & derivatives - AA

analysis - AN

anatomy & histology - AH

antagonists & inhibitors - 4

Look up

Clear

输入检索词,自动提示副主 题词列表,如需搭配副主题 词检索,可从中选择单个或 多个副主题词



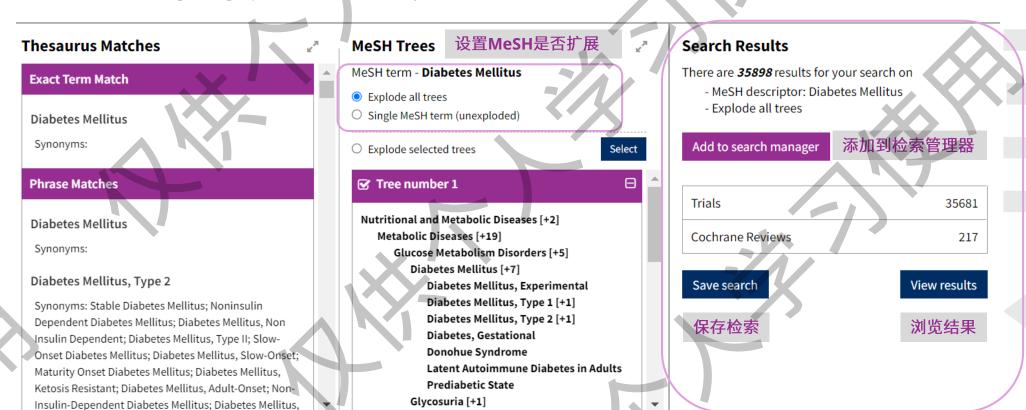


查看MeSH结果

Definition

Diabetes Mellitus - A heterogeneous group of disorders characterized by HYPERGLYCEMIA and GLUCOSE INTOLERANCE.

- 添加到检索管理器
- 查看结果
- · 保存MeSH检索







查看MeSH结果

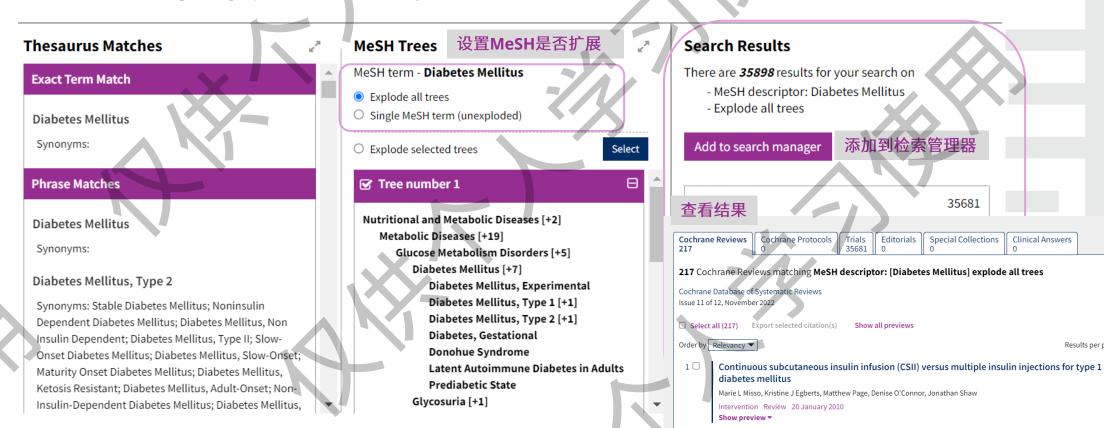
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Diabetes Mellitus - A heterogeneous group of disorders characterized by HYPERGLYCEMIA and GLUCOSE INTOLERANCE.

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Results per page 25 ▼

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检索管理器

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Search manager

Medical terms (MeSH) PICO search

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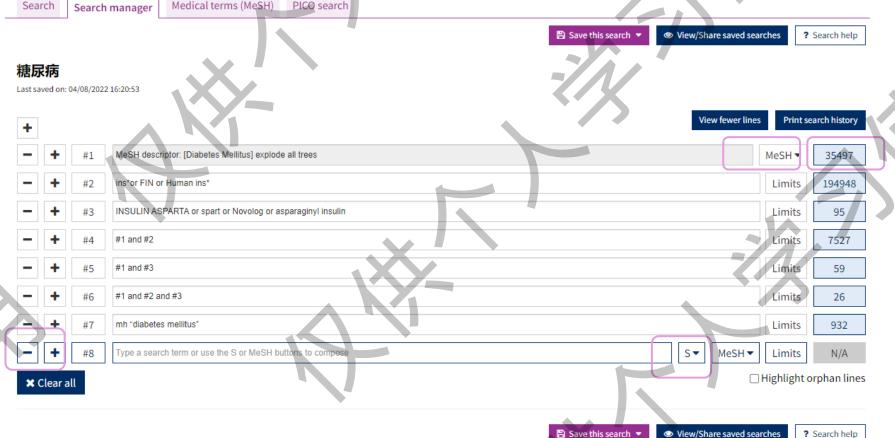
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嵌套

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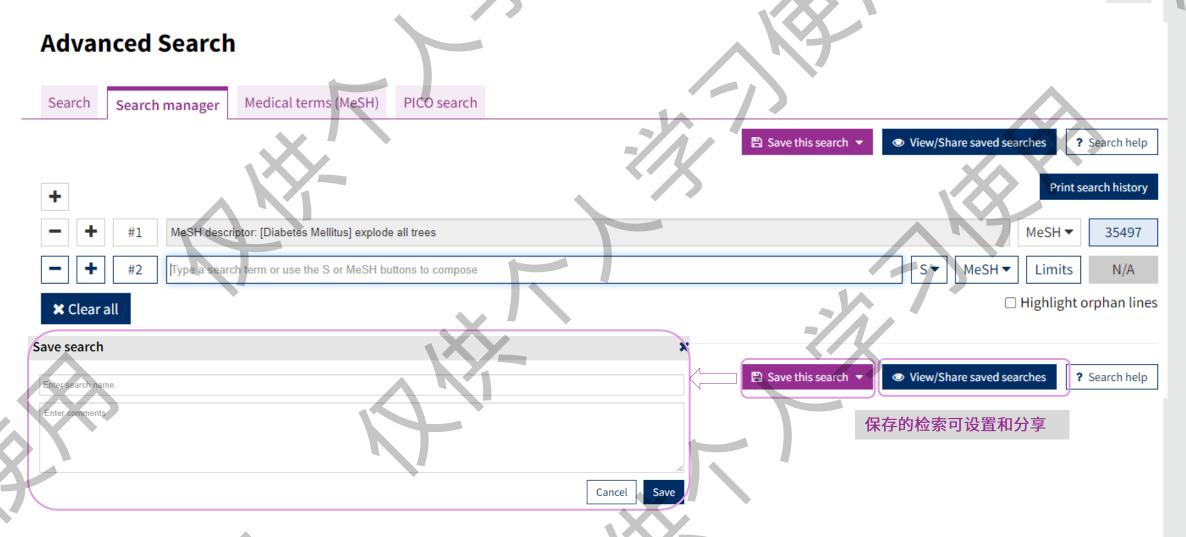
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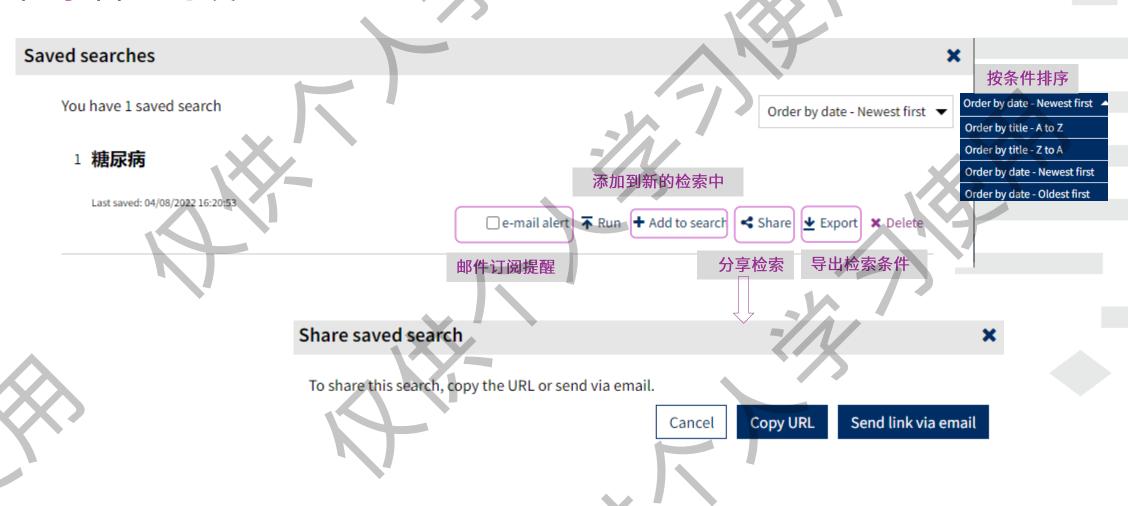


检索管理器





检索管理的设置







什么是PICO?

PICO从设定的临床情境开始,建构一个与案例相关的问题来制定的检索策略

- Population or Patient or Problem (患者人群) 患者或人群的特征是什么,比如病情
- Intervention(诊断介入) 对该患者或人群考虑的干预措施是什么——例如药物或手术干预?
- Comparison(对照) 有什么可以替代干预的方法呢?例如,另一种药物
- Outcome(结果) 结果是什么?





PICO检索

Advanced Search

Medical terms (MeSH) Search manager Search PICO search ? Search help Enter a search term and select a PICO vocabulary term from the dropdown Population Asthma Lookup 🔻 Outcome Clear All Run search 输入检索词,并从出现的下拉 选择PICO对应的元素或者按默认选择 列表中选择相应的词 运行检索





PICO检索

Asthma Education (10 results)

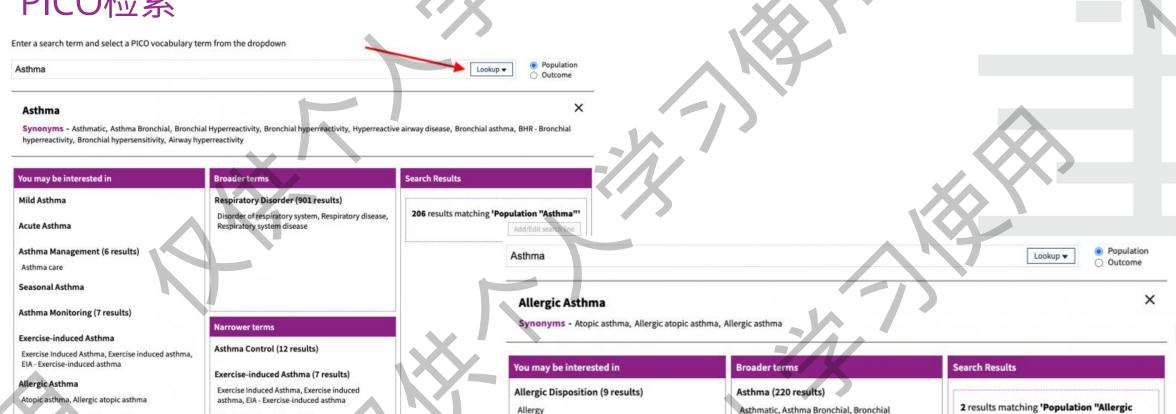
Health education - asthma

Asthma Finding (32 results)

Allergic Asthma (2 results)

Atopic asthma, Allergic atopic asthma

Exacerbation Of Asthma (99 results)



Allergic Sensitization (1 results)

Allergic Disorder Of Skin (2 results)

Allergy To Legumes (1 results)
Allergy to pulse vegetables

Allergic sensitisation

Skin allergy

Asthma"

Add/Edit search line

Hyperreactivity, Bronchial hyperreactivity, Hyperreactive airway disease, Bronchial asthma,

BHR - Bronchial hyperreactivity, Bronchial

Allergic Respiratory Disease (17 results)

Allergic disorder of respiratory system, Respiratory

hypersensitivity, Airway hyperreactivity

system allergy





构建复杂的PICO检索-案例

Step1:形成PICO问题

临床问题:

一位慢性肾病患者,他最近被诊断出患有心房颤动,有患中风和血栓的风险。

这位患者应该口服抗凝剂来预防中风或心梗吗?

有其他治疗,比如华法林来对比其预防效果吗?

——是否有证据可以比较华法林与抗凝剂对预防中风或心梗的治疗效果?

Step2: 确认PICO每个元素的关键词

- P(患者或人群): Atrial fibrillation (房颤) 和 Chronic kidney Disease(慢性肾病)
- I (治疗): Anticoagulant therapy(抗凝治疗)
- C (对照): Warfarin(华法林)
- O(结果): Stroke(中风)或Myocardial Infarction(心肌梗死)





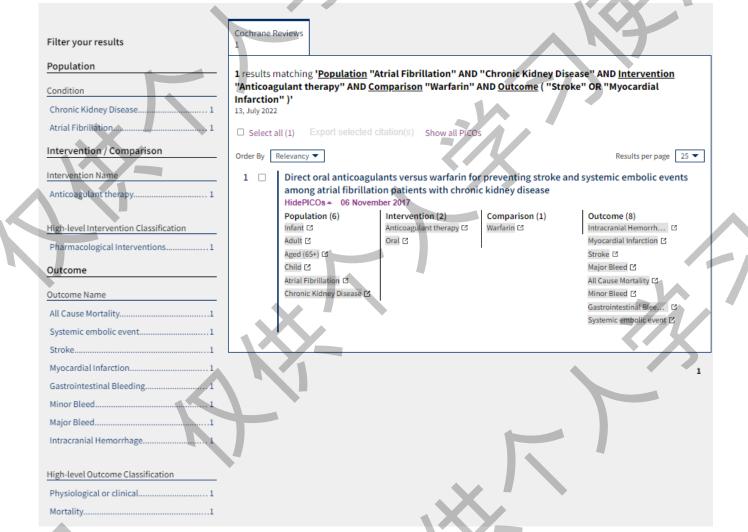
PICO检索案例

Advanced Search

Search Search manager Medical terms (MeSH) PICO search About ? Search help Enter a search term and select a PICO vocabulary term from the dropdown 房颤 Population Atrial Fibrillation Lookup w Outcome 慢性肾病 Population Chronic Kidney Disease Lookup -Outcome Population AND 抗凝治疗 Intervention Anticoagulant therapy Outcome Intervention AND Warfarin 华法林 Lookup -Comparison Population Stroke Outcome 中风 Population Myocardial Infarction Outcome 心肌梗死 Clear All Run search



PICO检索结果







优化PICO检索结果

Enter a search term and select a PICO vocabulary term from the dropdown







Filter your results

Population

Condition		
Pregnancy	2	ı
Gestational Diabetes Mellitus	16	ô
Diabetes Mellitus	!	5
Pre-existing Diabetes Mellitus In Pregna	2	2
Impaired Glucose Tolerance	2	2
Impaired Glucose Tolerance Resolved	1	L
Type 1 Diabetes Mellitus		1

Pre-existing Type 1 Diabetes Mellitus......1

Show all

Type 2 Diabetes Mellitus......1 Pregnancy [2] Single Pregnancy.....1

Cochrane Reviews

21 results matching 'Population "Diabetes Mellitus" AND "Pregnancy" 15, April 2023

☐ Select all (21) Export selected citation(s) Show all PICOs

Relevancy ▼ Order By

Results per page

Exercise for pregnant women with pre-existing diabetes for improving maternal and fetal outcomes

HidePICOs - 21 December 2017

Population (5) Adult 🖸

Child [2]

Type 2 Diabetes Mellitus ☑

Type 1 Diabetes Mellitus ☑

Intervention (2)

Usual Care 🖸

Physical exercise ther...

Comparison (2)

Usual Care

Physical exercise ther...

Outcome (9)

Perinatal Death 🖸

Stillbirth 🖸

Neonatal Death 区

Sensory Disability 2

Cesarean Section

Infant Death 🖸

Morbidity Index ☑

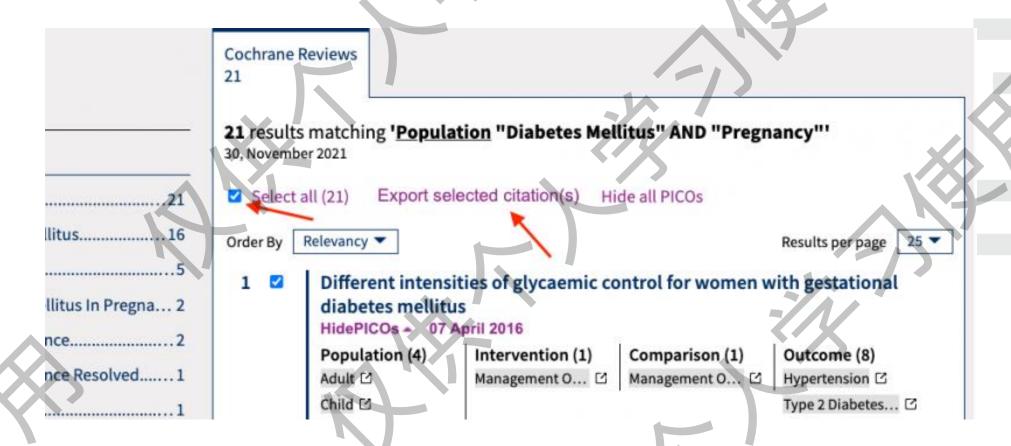
Hypertension Associa...

Show more

选择Show PICOs,选择新字 段进行新检索



导出引文





哪些资源支持MeSH索引

证据型子数据库名称	是否支持MeSH索引
Cochrane Reviews	支持,新的系统评价在发表后的6 个月会编入索引
Cochrane Protocols	不支持
Trials	Pubmed articles: 支持 Ct.gov and ICTRP: 支持 Embase/Handsearch: 不支持
Cochrane Clinical Answers	不支持







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What's New in the

Cochrane Library?



Becoming an Expert

Cochrane Library User









What's in the Cochrane





How to Search in the

Cochrane Library











How to Get Started with PICO Search

Cochrane's plair lanugage

How to Access Plain Language Summaries

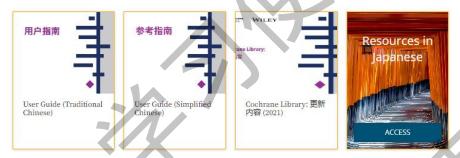


What is a Cochrane Clinical Answer?

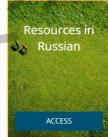


How to apply Cochrane Clinical Answers in the clinical practice

COCHRANE LIBRARY TRANSLATED RESOURCES















https://www.wiley.com/customer-success/cochrane-library-training-hub



Cochrane培训

Cochrane Interactive Learning: Conducting an intervention







review

Cochrane Learning Live: webinar programme



Knowledge Translation



Review Manager (RevMan)



Collection

Editorial Essentials



Cochrane培训: https://training.cochrane.org/



Module 1: Evidence-based medicine

Eleni tells us how a healthcare puzzle of her aunt's inspires her to begin to find out about evidence-based medicine. She learns what evidence-based medicine is, why it matters and how evidence and practice are being championed and



30 min Login required



Module 2: Randomized controlled trials

Hearing that her aunt needs medical help increases Eleni's interest in where healthcare evidence comes from. She learns how clinical trials can be controlled and randomized. and what's needed to make sure randomized controlled trials





Module 3: Introduction to systematic reviews

Eleni wants to know where the most reliable healthcare evidence can be found and decides to explore systematic reviews. She learns about different kinds of systematic reviews, their advantages and limitations, how they're done and what's in each section of a finished review



6 45 min Login required



Module 4: Understanding and using systematic

Eleni visits her aunt, who has a blood clot in her leg as a result of a 13-hour flight. Eleni wants to find out what she can do to avoid developing the same condition herself. She learns how to find a relevant Cochrane Review, understand its results and use it to make a shared decision with a healthcare professional.



45 min Login required





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